



Girl in The Mirror

Niveau	Improver
Chorégraphe	Jen Cameron & Cody Flowers
Musique	Girl in the Mirror by Sophia Grace feat
Description	Count: 32 Wall: 4
Intro	Dance Begins after 32 Counts (Approx. 15 seconds into song)

[1-8] Side-Together-Forward, $\frac{1}{4}$ Hitch, Side-Together-Back, Touch

- 1 2 Step RF to right, Step LF beside RF - 12:00
 3 4 Step RF forward, $\frac{1}{4}$ Turn right hitching left knee - 3:00
 5 6 Step LF to left, Step RF beside LF - 3:00
 7 8 Step LF back, Touch RF beside LF - 3:00

[9-16] Side-Together-Forward, $\frac{1}{4}$ Hitch, Side-Together-Back, Touch

- 1 2 Step RF to right, Step LF beside RF - 3:00
 3 4 Step RF forward, $\frac{1}{4}$ Turn right hitching left knee - 6:00
 5 6 Step LF to left, Step RF beside LF - 6:00
 7 8 Step LF back, Touch RF beside LF - 6:00

[17-24] $\frac{1}{4}$, Touch (x3), Side-Behind-Side-Heel, Hold

- 1 2 $\frac{1}{4}$ Turn right stepping RF to right side, Touch LF beside RF - 9:00
 3 4 Touch LF to left side, Touch LF beside RF - 9:00
 5 6& Step LF to left side, Step RF behind LF, Step LF slightly to left side - 9:00
 7 8 Kick your right heel to right diagonal, Hold - 9:00

[25-32] Rock-Recover, $\frac{1}{4}$ - $\frac{1}{4}$, Cross-Back, Out-Out, Flick

- 1 2 Rock RF behind LF, Recover weight on LF - 9:00
 3 4 $\frac{1}{4}$ Turn left stepping RF back, $\frac{1}{4}$ Turn left stepping LF to left side - 3:00
 5 6 Cross RF over LF, Step back on LF - 3:00
 &78 Step RF to right side, Step LF to left side (shoulder width apart), flick RF behind LF - 3:00