U Got It Bad



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Guillaume RICHARD (FR) – Romain BRASME (FR) June 2017

Music: U Got It Bad by Chelsea Refern (Dj Manuel Citro Bachata Remix)



Intro: 16 counts

[1-8]: Rock Step - Step - Touch - 1/4 turn Jazz Box - Touch

1-2 : Step RF forward – Recover on LF

3-4 : Step RF backward – Touch L toe forward (hips bump)

(At wall 2 : Break – 4 counts hold)

5-6 : Cross LF over RF – Make ¼ turn L stepping RF backward

7-8 : Step LF to L – Touch R toe next to LF (hips bump)

[9-16]: Step Touch x 2 – Skate x2 – Triple Step

1-2 : Step RF to R – Touch L toe next to RF (hips bump)
3-4 : Step LF to L – Touch R toe next to LF (hips bump)

5-6 : Skate RF to R – Skate LF to L

7&8 : Step RF to R – Step LF next to R – Step RF to R

[17-24]: 1/4 & 1/2 turn Step - Step Backward - Touch - 1/4 turn Step x2 - Touch - Flick

1-2 : Make ¼ turn L stepping LF forward – Make ½ turn L stepping RF backward

3-4 : Step LF backward – Touch R toe forward (hips bump)

5-6 : Make ¼ turn R stepping RF forward – Make ¼ turn R stepping LF backward

7-8 : Touch R toe forward – Flick RF backward

[25-32]: Jazz Box - Step - Hold - Step - Jump

1-2 : Cross RF over LF – Step LF backward

3-4 : Step RF to R – Cross LF over RF

5-6 : Step RF to R - Hold

&7-8 : Step LF next to RF – Step RF to R – Jump on place with both feet

[33-40]: Heel Grind x2 - Cross - Hold - Mambo Cross

1-2 : Cross R heel over LF – Turn toe from L to R and step LF to L
 3-4 : Cross R heel over LF – Turn toe from L to R and step LF to L

5-6 : Cross RF over LF – Hold

7&8 : Step LF to L – Recover on RF – Cross LF over RF

[41-48]: Step - Cross - Step - Touch - Rolling Vine - Touch

1-2 : Step RF to R – Cross LF over RF
3-4 : Step RF to R – Cross L toe over RF

5-6 : Making ¼ turn L stepping LF forward – Making ½ turn L stepping RF backward

7-8 : Making ¼ turn L stepping LF forward – Touch RF next to LF

49-56 : Step Touch – Step Hook – ¼ turn Step Hitch x2

1-2 : Step RF forward – Touch L toe behind RF

3-4 : Step LF backward – Hook RF over L

5-6 : Step RF forward – Make ¼ turn R making hitch L knee
 7-8 : Step LF forward – Make ¼ turn L making hitch R knee

[57-64]: Mambo ¼ turn Step – Mambo Step – Sway x3 - Jump

1&2 : Step RF forward – Recover on LF – Make ¼ turn R stepping RF to R

3&4 : Cross LF over RF – Recover on RF – Step LF to L

5-6 : Sway to the R – Sway to the L

7-8 : Sway to the R – Jump on place with both feet

Break: At wall 3, make the first 4 counts and make a 4 counts hold before you continue the dance.

TAG: At the end of wall 3, do the next section 2 times

Rock Step - Out Out:

: Step RF forward – Recover on LF – Step RF to R – Step LF to L and open your

arms, hands beside you hips

Step - Cross - Bend Over:

: Step RF to R and put your R hand to L in front of you – Cross LF behind RF and

put your L hand to R under R arm – Uncross you arms to the outside and going down

Step Sweep x 2 - Touch - 1/2 turn

: Step LF backward and sweep RF from the front to the back – Step RF backward

7&8& and sweep LF from the front to the back – Touch L toe backward – Make ½ turn L

and put your weight on LF

Step Turn:

9-10 : Step RF forward – Make ½ turn L and put your weight on LF

Ending: At wall 5, do the first 56 counts and walk off the floor